Friend 1620.

A New Almanacke, and Prognostication, wherein you may behold the state of this present yeare of our *Lord God*, 1620.

Being bissextile or Leape-yeare.

Calculated for the Citty of LONDON, and generally for all England.

BY

Gabriell Friend.

Fœlix qui potuit rerum cognoscere causas.

LONDON:

Printed for the Company of *Stationers.*

A briefe Computation of time, compleat within this present yeare 1620.

From the Creation of the world vntill this present yeare, are contained of yeares.	5582
From the Creation vntill the generall Deluge.	1660
From the Creation of the world vntill Christ.	3971
From Noes Flood vntill this present yeare.	3926
Since the birth of Abraham.	3634
Since the Israelites departed out of Egypt.	3128
Since the destruction of the Citie of Troy.	2803
Since Brute entred this Iland.	2727
Since the building of the Temple by Salomon.	2643
Since the building of the Citie of Rome.	2371
Since Nabucadonozer the King.	2367
Since the Captiuitie of Babilon.	2256
Since the desolation of the Temple.	2225
Since the death of Alexander the great.	1944
Since Iulius Cæsar was slaine with Daggards.	1665
Since the birth of our Sauiour Christ.	1620
Since Jerusalem was destroyed by Titus Vespa.	1537
Since England first receiued the Christian faith.	1440
Since Egbricus the first Monarch of England.	421
Since the Conquest of England by Duke William.	649
Since the Sciences of Printing was first inuented.	160
Since King Henry the 8. conquered Bulloyne.	76
Since the infectious sweating sickenesse, in Edw. 6.	69
Since S. Pauls steeple in Lond. fired by lightening.	59
Since the great plague at Newhauen and London.	57
Since the Earles rebellion in the North.	51
Since the blasting starre and sharpe winter.	48
Since the whole heauens seemed to burne with fire	46
Since the deepe snow.	41
Since the generall Earth-quake in England.	40
Since the Tampe at Tilbury in Essex.	32
Since the beginning of the raigne of K. Iames, the first of England, compleat in March the 24. is 17.	17
yeares, but currant 18. yeares.	18

The comonon Notes and moueable Feasts,

for this present yeare, 1620.

Old Accompt. Vsed in England.		Forraigne Accompt. Vsed beyond Sea.
6	The golden number	6
5	The Circle of the Sunne	5
6	The Epact.	26
3	The Romane Indiction	3
27. Febru.	Shroue sunday	1. March.
1. March.	Ashwednesday	4. Febru.
16. Aprill.	Easter day.	19. Aprill.
21. May.	Rogation sunday.	24. May.
25. May.	Ascension day.	28. May.
4. June.	Whitsunday.	7. June.
3. Decem.	Aduent sunday	29. Nouem.

Briefe Obseruations of Husbandry.

SEt, low seeds, graft and plant, the Moone being well seated, and in ♉. ♌. or ♑.

And all kinde of Corne, in ♋.

Graft also when the Moone is increasing, and in ♉. or ♐.

Sheare sheepe, the Moone increasing.

Fell hard Timber from the full to the change.

Fell fryth, Coppice, and fewell, at the first Quarter.

Lib and geld cattell, the moone in ♈. ♓. or ♑.

Kill fat Swine for bacon, (the better to keepe their fat in boyling) about the full moone.

The Anatomy of mans body, as the parts thereof are gouerned by the xij. Signes of the Zodiaque.

Aries head and face.

Taurus neck & throat.

Gemini armes & shoulders.

Cancer breast stomach & ribs.

Leo heart & backe.

Virgo bowels & belly.

Libra reins & loynes.

Scorpio secret mẽbers

Sagittarius thighs.

Capricornus knées.

Aquar. The legges.

Pisces the feete.

♈ Aries. ♉ Taurus. ♊ Gemini. ♋ Cancer. ♌ Leo. ♍ Virgo. ♎ Libra. ♏ Scorpio. ♐ Sagittarius. ♑ Capricornus. ♒ Aquarius. ♓ Pisces.

Cold *Ianus* loues warme cloathes,
hot meates and broths also:
Bloodletting is vnwholesome,
vse warme bathes, cold forgoe.

						Accompt beyond Sea.	
i	a	New ye. day.	Aries	3		11	d
ij	B	Oct. of Step.	Aries	16	☾ First quar-	12	E
iij	c	Oct. of Joh.	Taur.	29	ter the ij. day,	13	f
iiij	d	Oct. of Inno.	Taur.	13	and 29. min	14	g
v	e	Oct. of Tho.	Taur.	28	after 8. of the	15	a
vi	f	Twelfe day.	Gem.	12	clock at night	16	b
vij	g	Felicis.	Gem.	27		17	c
viij	a	Lucian pre.	Canc.	12	● Full moon	18	d
ix	B	Judocie.	Canc.	27	the ix. day, 28.	19	E
x	c	Sol in Aquar.	Leo	12	min. after	20	f
xi	d	Linus Mar.	Leo	27	high-noone.	21	g
xij	e	Archad. mar.	Virgo	11		22	a
xiij	f	Hillar. bish.	Virgo	25		23	b
xiiij	g	Felix Prie.	Libra	9		24	c
xv	a	Mauritius.	Libra	22		25	d
xvi	B	Marcellus.	Scorp.	5	☽ Last quar-	26	E
xvij	c	Sulpitii. bish.	Scorp.	18	ter the xvi.	27	f
xviij	d	Prisca.	Sagit.	0	day, 3. quar-	28	g
xix	e	Vistan bish.	Sagit.	12	ters after 10.	29	a
xx	f	Fab. & Seb.	Sagit.	24	in the morne	30	b
xxi	g	Agnis virg.	Capri.	6		31	c
xxij	a	Vincentius.	Capri.	18		1	d
xxiij	B	Terme begin	Capri.	29		2	E
xxiiij	c	Timothy dis.	Aqua.	11	● New moon	3	f
xxv	d	Con. of Saul.	Aqua.	23	the xxiiij. day,	4	g
xxvi	e	Polycarpe.	Pisces	5	at almost 3.	5	a
xxvij	f	Julian.	Pisces	17	at night.	6	b
xxviij	g	Agnetis.	Aries	0		7	c
xxix	a	Valerius.	Aries	12		8	d
xxx	B	Batild Qu.	Aries	25		9	E
xxxi	c	Saturnine.	Taur.	9		10	f

Of milke and fennish fowle take heede,
for they will bring thee harme:
Beware no Surgeon lee thee bloud,
be sure to keepe thee warme.

							Accompt beyond Sea.
i	d	Brydget.	Taur.	23	☽ First quar=	11	g
ij	e		Gem.	7	ter the i. day,	12	a
iij	f	Blase bish.	Gem.	21	a quarter af=	13	b
iiij	g	Gilbert bish.	Canc.	6	ter 8. in the	14	c
v	a	Agathy virg.	Canc.	21	morning.	15	d
vi	b	Ved. & aman.	Leo	6		16	e
vij	c	Angule. bish.	Leo	20		17	f
viij	d	Paul bish.	Virgo	5		18	g
ix	e	Scholastica.	Virgo	19	○ Full Moon	19	a
x	f		Libra	3	the vj. day,	20	b
xi	g	Euphrasina.	Libra	17	neere a 11. at	21	c
xij	a	Wolfran. bish	Scor.	0	night.	22	d
xiij	b		Sagit.	0		23	e
xiiij	c	Valentine.	Scorp.	26	☾ Last quar=	24	f
xv	d	Faustine.	Sagit.	8	ter the xv.	25	g
xvi	e	Julian virg.	Sagit.	20	day, 3. quar=	26	a
xvij	f	Policron bish	Capri.	3	ters after 4.	27	b
xviij	g	Simon bish.	Capri.	14	in the morne.	28	c
xix	a	Sabin. Mar.	Capri.	26		29	d
xx	b	Wildred. vir.	Sagitt.			1	e
xxi	c	70. Martirs.	Aquar.	20		2	f
xxij	d	Peters chayr.	Pisc.	2	● New moon	3	g
xxiij	e	Policarp.	Pisc.	14	the xxiij. day,	4	a
xxiiij	f		Pisc.	27	halfe an houre	5	b
xxv	g	Inuent paul.	Aries	9	after 9. in the	6	c
xxvi	a	Nestor Mar.	Aries	22	morning.	7	d
xxvij	b		Quinqus			8	e
xxviij	c	Augustine.	Taur.	19		9	f
xxix	d	Oswald.	Gem.	3		10	g

Take Phyſicke now, the time is good,
if health thou want, then let thee bloud:
So mai'ſt thou humors driue away,
that brings the body to decay.

Accompt beyond Sea.

i	e	Aſhwednesda.	Gem.	17	First quar-	11	a
ij	f	Chad. Biſh.	Canc.	1	ter the i. day,	12	b
iij	g	Maurice.	Canc.	16	at 5. at night.	13	c
iiij	a	Adrian mar.	Leo.	1		14	d
v		Focas et En.	Quadrag			15	
vi	b	Victor.	Virgo	0		16	e
vij	c	Perpetua.	Virgo	14	Full moon	17	f
viij	d	Felice.			the viij. day,	18	g
ix	e	Apoline.	Libra	11	52. min. after	19	a
x	f	Agapite.	Libra	25	9 in the morn-	20	b
xi	g		Scor.	8	ning.	21	c
xii		Gregory.	Scor.	21		22	
xiij	b	Theodore.	Sagit.	3		23	e
xiiij	c	Petri.	Sagit.	16	Laſt quar-	24	f
xv	d	Longini.	Sagit.	28	ter the xvi.	25	g
xvi	e	Hilar & tac.	Capr.	10	day, 6. min.	26	a
xvij	f	Getrude.	Capr.	22	after 10. in the	27	b
xviij	g	Edward kin.	Aqua.	4	morning.	28	c
xix		Joſeph mar.	Aqua.	17		29	
xx	b	Cuthbert.	Aqua.	29		30	e
xxi	c	Benedict.	Piſc.	11	● New moon	31	f
xxij	d	Aphrodoſius.	Piſc.	23	the xxiij. day,	1	g
xxiij	e	Theodore.	Aries	6	halfe an houre	2	a
xxiiij	f	Init. R. Iacobi	Arieg	19	after 7. nere	3	b
xxv	g		Taur.	2	the morning.	4	c
xxvi		Caſtor. & pol.	Taur.	16		5	
xxvij	b	Martian.	Taur.	29	First quar-	6	e
xxviij	c	Dorathy.	Gem.	13	ter the xxv.	7	f
xxix	d	Quintin.	Gem.	28	day, a quar-	8	g
xxx	e	Nutrine.	Canc.	12	ter after 11. at	9	a
xxxi	f	Adelme	Canc.	26	night.	10	b

Those meates are meete in Aprill,
which March desir'd to haue,
Bloud-letting now doth very well,
now purging medicines craue.

						Accompt beyond Sea.	
i	B	Theodore.	Leo	11		11	c
ij	C	Mary Egipt	Leo	25		12	D
iij	b	Rich. bish.	Virgo	10		13	e
iiij	c	Ambros. bish.	Virgo	23		14	f
v	d	Martianus.	Libra	7	☽ Full moon the vi. day, at 10. of the clocke at night.	15	g
vi	e	Sixtus. bish.	Libra	20		16	a
vij	f	Eukemia.	Scorp.	3		17	b
viij	g	Egisippus.	Scor.	16		18	c
ix	A	Perp. tuus.	Scorp.	29		19	D
x	b	Solum Dauc.	Sagit.	11		20	e
xi	c	700. Virg.	Sagit.	23		21	f
xij	d	Julius bish.	Capri.	6	☾ Last quarter the xiij. day, 6. min. after 7. at night.	22	g
xiij	e	Zenon bish.	Capri.	18		23	a
xiiij	f	Isidor. Bish.	Aqua.	0		24	b
xv	g	Oswald.	Aqua.	12		25	c
xvi	A	Easter day.	Aqua.	24		26	D
xvij	b	Eucherius.	Pisces	7		27	e
xviij	c	Anicete.	Pisces	19		28	f
xix	d	Alphage.	Aries	2		29	g
xx	e	Simeon bish.	Aries	15		30	a
xxi	f	Mother Virg	Aries	28	● New moone the xxij. day, at a 11. in the morning.	1	b
xxij	g	Wimifred.	Taur.	11		2	c
xxiij	A	Georges.	Taur.	25		3	D
xxiiij	b	Fast	Gem.	9		4	e
xxv	c	Mark Euang	Gem.	24		5	f
xxvi	d	Clere bish.	Canc.	8	☽ First quarter the xxix. day, 47. min. after 4. in the morning.	6	g
xxvij	e	Anastatius.	Canc.	23		7	a
xxviij	f	Vitalis mar.	Leo	7		8	b
xxix	g	Peter of mil.	Leo	22		9	c
xxx	A	Depo. of Erk.	Virg.	6		10	D

May hath xxxj. dayes.

Rise early now this moneth of May,
and walke the fields that be so gay:
From surfetting see thou refraine,
for soone it will procure thy paine.

						Accompt beyond Sea	
i	d	May day.	Virgo	20		11	e
ij	e	Athanasius.	Libra	4		12	f
iij	d	Termebegin	Libra	17		13	g
iiij	e	Christopher.	Scorp.	0		14	a
v	f	Goddard.	Scor.	13	● Full moon	15	b
vi	g	Rome spoyled	Scor.	25	the vi. day, 48.	16	c
vij	A	John Beuer.	Sagit.	7	min. after 10.	17	D
viij	b	Apa. Micha.	Sagit.	19	in the morne.	18	e
ix	c	Gordian.	Capric	1		19	f
x	d		Capr.	13		20	g
xi	e	Sol in Gemini	Aqua.	25	☾ Last quar=	21	a
xij	f	Nerius.	Aqua.	7	ter the xiij.	22	b
xiij	g	Seruitus.	Pisces	20	day, 38. min.	23	c
xiiij	A	Boniface.	Pisces	2	after one at	24	D
xv	b	Isidore	Pisces	14	noone.	25	e
xvi	c	Brandarii.	Aries	27		26	f
xvij	d	Noa. ent. ark.	Aries	10		27	g
xviij	e	Diascor.	Taur.	23		28	a
xix	f	Dunstane.	Taur.	6	● New moon	29	b
xx	g	Barnardine.	Gem.	20	the xxi. day,	30	c
xxi	A	Rogati sund			neere 9. at	31	D
xxij	b	Desiderii.	Gem.	19	night.	1	e
xxiij	c	Julian.	Canc.	3		2	f
xxiiij	d	Hernul. fast	Canc.	18		3	g
xxv	e	Ascenti. day	Leo	3		4	a
xxvi	f	Augustine.	Leo	18	☾ First quar=	5	b
xxvij	g	Bede priest.	Virgo	2	ter the xxviij.	6	c
xxviij	A	Gerwane.	Virgo	16	day, halfe an	7	D
xxix	b	Terme ends.	Libra	0	houre after	8	e
xxx	c	Toronius.	Libra	14	10. in the	9	f
xxxi	d	Felix.	Libra	27	morning.	10	g

Coole hearbs in Iune are very meete,
but such meates shun chiefly:
As shall be neither new or sweete,
take pleasure moderately.

						Accompt beyond Sea.	
i	e	Nichomede.	Scor.	10		11	a
ij	f	Marceline	Scor.	22		12	b
iij	g	Erasmus.	Sagit.	4		13	c
iiij	A	Wut sunday	Sagit.	16	● Full moone	14	D
v	b	Boniface.	Capr.	28	the v. day,	15	e
vi	c	Claudius.	Capr.	10	neere a 11. in	16	f
vij	d	Wolstan.	Aqua	22	the morne.	17	g
viij	e	Midard.	Aqua.	4		18	a
ix	f	Edmund.	Aqua.	16		19	b
x	g	Sol in Cancer	Pisc.	28		20	c
xi	A	Trinity sunde	Pisc.	10		21	D
xij	b	Longest day.	Aries	22		22	e
xiij	c	Anthony.	Aries	5	☾ Last quar=	23	f
xiiij	d	Bastill.	Taur.	18	ter the xiij. day	24	g
xv	e	Vite et mod.	Taur.	1	at 4. in the	25	a
xvi	f	Carme deg.	Taur.	15	morning.	26	b
xvij	g	Butolph. mar	Gem.	29		27	c
xviij	A	Mar. & mar.	Gem.	13		28	D
xix	b	Nat. R. Iacob.	Canc.	12		29	e
xx	c	Trans. Ed.	Canc.	27	● New moon	30	f
xxi	d	Walburge.	Leo	12	the xx. day,	1	g
xxij	e	Albane.	Leo	27	44. min. after	2	a
xxiij	f	Etheid.	Virgo	12	3. in the mor=	3	b
xxiiij	g	John Bapt.	Virgo	26	ning.	4	c
xxv	A	Eligii.	Libra	10		5	D
xxvi	b	John & Paul.	Libra	23	☽ First quar=	6	e
xxvij	c	Crescent es.	Scor.	6	ter the xxvi.	7	f
xxviij	d	Leonis.	Scorp.	19	day, halfe an	8	g
xxix	e	Peter Apost.	Sagit.	2	houre after	9	a
xxx	f	Con. of Paul.	Sagit.	14	6. in the eue=	10	b
					ning.		

Sleepe not to much, to coole bathes flye,
refuse to vse Phlebotomie:
The grasse that growes, to morrow's Hay,
and man that's now, as soone is clay.

i	g	Oct Jo. bap.	Sagit.	26		11	c
ij	a	Visit. mar.	Capr.	8		12	d
iij	b	Gregory.	Capr.	19		13	e
iiij	c	Hildrich.	Aqua.	1	Full moone	14	f
v	d		Aqua.	13	ths iiij. day	15	g
vi	e	Zoe virg.	Aquar.	24	halfe an houre	16	a
vij	f	Octo. Peter.	Pisces	6	after 3. in the	17	b
viij	g	Transl. Tho.	Pisces	18	afternoone.	18	c
ix	a	Grimbald.	Aries.	0		19	d
x	b	Exile Wilh	Aries	13		20	e
xi	c	7. Brethren.	Aries	26		21	f
xij	d	Nat. Jul. cæs.	Taur.	9	☾ Last quar=	22	g
xiij	e		Taur.	23	ter the xij.	23	a
xiiij	f	Margaret.	Gem.	7	day, neere 4	24	b
xv	g	Bonauenture	Canc.	21	at night.	25	c
xvi	a	Transl Swith	Canc.	6		26	d
xvij	b	Transl. Osm.	Leo	21	● New moon	27	e
xviij	c	Alexij.	Leo	6	the xix. day	28	f
xix	d	Ruf. & Just.	Virg.	21	neere 53. min.	29	g
xx	e		Virg.	6	after 10. in	30	a
xxi	f	Prared.	Virg.	20	the morning.	31	b
xxij	g	Marg. virg.	Libra	5		1	c
xxiij	a	Mary Mag.	Libra	19		2	d
xxiiij	b	Apeline.	Scor.	2		3	e
xxv	c		Scor.	15		4	f
xxvi	d	Anne.	Scor.	28	First quar=	5	g
xxvij	e	7. Sléepers.	Sagit.	11	ter the xxvi.	6	a
xxviij	f	Sampson.	Sagit.	23	day, 9. min. af=	7	b
xxix	g	Martha.	Capr.	5	ter 6. in the	8	c
xxx	a	Abdon & sen.	Capri.	17	morning.	9	d
xxxi	b	Germane.	Capri.	29		10	e

Take little sleepe, as little Wine:
take heede also of venery:
Take heede, abstaine from medicine,
fly cold bathes and phlebotomy.

i	c	Lammas day.	Capri. 29		11	f
ij	d	Steph. Bis.	Aquar. 10		12	g
iij	e	Inuen. Ste.	Aquar. 22	☽ Full moon the iij. day, at 7. a clocke in the morne	13	a
iiij	f	Iustinus.	Pisces 4		14	b
v	g	Processus con.	Pisces 15		15	c
vi	A	Septus.	Pisces 27		16	D
vij	b	Donatus.	Aries 10		17	e
viij	c	Cirtaci.	Aries 22		18	f
ix	d	Roman.	Taur. 5	☾ Last quarter the xi. day, 41. min. after 3. in the morning.	19	g
x	e	Laurence.	Taur. 18		20	a
xi	f	Tiburt.	Gem. 2		21	b
xij	g	Clara.	Gem. 16		22	c
xiij	A	Sol in Virgo.	Canc. 0		23	D
xiiij	b	Hipolito.	Canc. 15		24	e
xv	c	Assumpt. mar.	Canc. 29		25	f
xvi	d	Rochus mar.	Leo 14		26	g
xvij	e	Octo. Laur.	Leo 29	● New moon the xvij. day. halfe an houre after 6. at night.	27	a
xviij	f	Agapitus.	Virgo 14		28	b
xix	g	Magn. mart.	Virgo 29		29	c
xx	A	Leonardus.	Libra 13		30	d
xxi	b	Bernardus.	Libra 27		31	e
xxij	c	Octo. Mary.	Scorp. 16		1	f
xxiij	d	Timothy. fast	Scor. 24		2	g
xxiiij	e	Bartho. Ap.	Sagit. 6		3	a
xxv	f	Ludouicus.	Sagit. 19	☽ First quarter the xxiiij. day, 12. min. after 7. at night.	4	b
xxvi	g	Seuerine.	Capric. 1		5	c
xxvij	A	Rufus.	Capri. 14		6	D
xxviij	b	Mag. day end.	Capri. 26		7	e
xxix	c	Felix.	Aqua. 7		8	f
xxx	d	Cuthbur. bir.	Aqua. 19		9	g
xxxi	e	Giles.	Pisces 1		10	a

Accompt beyond Sea.

Raw fruits though ripe, may ſickneſſe bring,
vnripe much eaten a dangerous thing:
If now a ſurfet thou doſt take,
when they doe ſleepe thou muſt awake.

								Accompt beyond Sea.
i	f	Egid. abot.	Piſc.	13	Full moon	11	b	
ij	g	Anthonius.	Piſc.	25	the i. day, 44	12	c	
iij	A	Oydin. Greg.	Aries	7	min. after 10	13	d	
iiij	b	Tranſ. Cut.	Aries.	19	at night.	14	e	
v	c	Berrine.	Taur.	2		15	f	
vi	d	Eugenius	Taur.	15		16	g	
vij	e	Euchius.	Taur.	28	☾ Laſt quar	17	a	
viij	f	Nat. Mary.	Gem.	11	ter the ix. day	18	b	
ix	g	Gorgonius.	Gem.	25	a quarter af	19	c	
x	A	Hilarius.	Canc.	10	ter high noon	20	d	
xi	b	Protutius.	Canc.	24		21	e	
xij	c	Maximilian.	Leo	9		22	f	
xiij	d	Sol in Libra.	Leo	24		23	g	
xiiij	e	Holy Croſſe.	Emb. w.			24	a	
xv	f	Octa. Mary.	Virgo	23	● New moo	25	b	
xvi	g	Edith.	Libra	7	the xvi. day,	26	c	
xvij	A	Lambert.	Libra	21	25. min. after	27	d	
xviij	b	Janus. mar.	Scorp.	5	3. in the mor	28	e	
xix	c	Euſtace.	Scorp.	18	ning.	29	f	
xx	d	Ma. T. L.	Sagit.	1		30	g	
xxi	e	Matthew Ap.	Sagit.	14		1	a	
xxij	f	Tecla virg.	Sagit.	27		2	b	
xxiij	g	Andrachius.	Capr.	9	First quar	3	c	
xxiiij	A	Firmine.	Capr.	21	ter the xxiij.	4	d	
xxv	b	Andocheus.	Aqua	4	day, a little	5	e	
xxvi	c	Cyp. & Juſt.	Aqua	16	after high	6	f	
xxvij	d	Coſ & Dam.	Aqua	28	noone.	7	g	
xxviij	e	Exuperi.	Piſc.	10		8	a	
xxix	f	Michael.	Piſces	22		9	b	
xxx	g	Jerom. pnie.	Aries	4		10	c	

Goe hunt, drinke wine that's old and good,
vse exercise for health:
Now mayst thou take good store of foode,
which hast good store of wealth.

							Accompt beyond Sea.	
i	a	Remigius.	Aries	16	Full Moon	11		
ij	b	Leodegar.	Aries	29	the i. day, at	12		e
iij	c	Candide.	Taur.	12	2. after noone.	13		f
iiij	d	Francis.	Taur.	25		14		g
v	e	Appollinari.	Gem.	8		15		a
vi	f	Fidis.	Gem.	22		16		b
vij	g	Marc. & mar.	Canc.	6	☾ Last quar	17		c
viij	a	Pelagius.	Canc.	20	ter the viij. day	18		
ix	b		Leo	5	a quarter af-	19		e
x	c	Gereon.	Leo	19	ter 7. at night.	20		f
xi	d	Nicharius.	Virgo	4		21		g
xij	e	Wilfred.	Virg.	18		22		a
xiij	f		Libra	2		23		b
xiiij	g	Transl. Ed.	Libra	16	● New moon	24		c
xv	a	Celtrud.	Scor.	0	the xv. day, 20.	25		
xvi	b	Lukan.	Scor.	13	min. after 2.	26		e
xvij	c	Gallus.	Scor.	26	afternoone.	27		f
xviij	d		Sagit.	9		28		g
xix	e	Frideswid.	Sagit.	22		29		a
xx	f	Iustrebert.	Capr.	4		30		b
xxi	g	40000. Virg.	Capr.	17		31		c
xxij	a	Seue. Mar.	Capr.	29	First quar	1		
xxiij	b	Roman. Arc.	Aquar.	11	ter the xxiij.	2		e
xxiiij	c	Crisp. & Cris.	Aqua.	23	day, neere 8.	3		f
xxv	d	Euaristi.	Pisc.	5	in the morne.	4		g
xxvi	e		Pisc.	18		5		a
xxvij	f	Florence.	Aries	0	Full moone	6		b
xxviij	g		Aries	12	the last day,	7		c
xxix	a	Marcellus.	Taur.	25	19. min. after	8		
xxx	b	Germanus.	Taur.	8	4. in the mor-	9		e
xxxi	c	Quintine.	Gem.	21	ning.	10		f

If Rhewmes doe now moleſt thy head,
it is not ill to ſweate in bed:
Feede on good meate if ſtomacke ſerue,
elſe ſeeke for that which doth preſerue.

i	d		Gem.	5		11	g
ij	e	All Soules.	Canc.	2		12	a
iij	f	Winifrid.	Canc.	16		13	b
iiij	g	Amantius.	Leo.	1		14	c
v			Leo.	15		15	D
vi	b	Leonard.	Virgo.	0		16	e
vij	c	Wilbrod.	Virgo.	14	☾ Laſt quar-	17	f
viij	d	4. Crowned.	Virgo.	29	ter the vij. day,	18	g
ix	e	Theodor.	Libra.	12	neere 2. in the	19	a
x	f	Martin biſh.	Libra.	26	morning.	20	b
xi	g	Martinus.	Scor.	26		21	c
xij		Paternus.	Scor.	9		22	D
xiij	c		Sagit.	5	● New moon	23	e
xiiij	d	Erkin.	Sagit.	18	the xiij. day,	24	f
xv	e	Eugeny.	Capr.	0	at 4. in the	25	g
xvi	f	Edmond bep.	Capr.	12	morning.	26	a
xvij	g	Hugh.	Capr.	24		27	b
xviij		Oct. Mart.	Aqua.	7		28	c
xix	b	Elizabeth.	Aqua.	19	☽ Firſt quar-	29	D
xx	c	Edmund kin.	Piſc.	1	ter the xxij.	30	e
xxi	d	Priſcilla.	Piſc.	13	day, 22. min.	1	f
xxij	e	Cicely.	Piſc.	25	after 4. in the	2	g
xxiij	f	Clem biſh.	Aries.	8	morning.	3	a
xxiiij	g	Criſag mar.	Aries	20		4	b
xxv		Katharine.	Taur.	3		5	c
xxvi	b	Linus.	Taur.	17		6	D
xxvij	c	Agricola.	Gem.	0	○ Full moon	7	e
xxviij	d		Gem.	14	the xxix. day, a	8	f
xxix	e		Gem.	28	11. min. after	9	g
xxx	f		Canc.	12	5. at night.	10	a
			Canc.	27			

Accompt beyond Sea.

Now fire and hot meates haue thou muſt,
December loues warme potions:
Drinke wine, beware of too much luſt,
goe warme, and vſe ſtrong motions.

i	f	Eloy. Eth.	Canc.	12		11	b
ij	g	Liban. Mar.	Canc.	27		12	c
iij	A	Aduent Dom.	Leo	11		13	D
iiij	b	Barbara.	Leo	26	☾ Laſt quar-	14	e
v	c	Habba abot.	Virgo	11	ter the vi. day,	15	f
vi	d	Nicholas.	Virgo	25	22. min. after	16	g
vij	e	Oct. Andrew.	Libra	9	9. in the morning.	17	a
viij	f	Concep. Ma.	Libra	23		18	b
ix	g	Cipian.	Scor.	6		19	c
x	A	Eulalie.	Scor.	19		20	D
xi	b	Damaſcus.	Sagit.	2		21	e
xij	c	Lucie virg.	Sagit.	15	● New moon	22	f
xiij	d	Sol in Capric	Sagit.	27	the xij day,	23	g
xiiij	e	Otholy.	Capric.	9	a quarter after	24	a
xv	f	Valerius.	Capric.	21	8. at night.	25	b
xvi	g	Ember week.	Aqua.	3		26	c
xvij	A	Lazarus.	Aqua.	15		27	D
xviij	b	Marian.	Aqua.	27		28	e
xix	c	Abneti.	Pisces.	9	☽ Firſt quar-	29	f
xx	d	Julian.	Pisces.	21	terth: xxi. da:	30	g
xxi	e	Thom. Apo.	Aries	3	20. min. after	31	a
xxij	f	30 Martyrs.	Aries	15	10 in the mor	1	b
xxiij	g	Victor virg.	Aries	28	ning.	2	c
xxiiij	A	Canditi.	Taur.	11		3	D
xxv	b	Epiſim. Dap.	Taur.	24		4	e
xxvi	c	S. Stephen.	Gem.	8		5	f
xxvij	d	S. John.	Gem.	22		5	g
xxviij	e	Innocents.	Canc.	7	○ Full moon	7	a
xxix	f	Thom Becs	Canc.	21	the xxix. day,	8	b
xxx	g	Jacob.	Leo	6	half an houre	9	c
xxxi	A	Siluester.	Leo	21	after 4. in the	10	D
					morning.		

Friend. 1620.

A Prognoſtication, Wherein you may behold the ſtate of this preſent yeere of our *Lord God*, 1620.

Being Biſſextile or Leape yeere.

By *Gabriel Friend.*

Pſal. 19. 2, 3.

One day telleth another, and one night certifieth another.

But there is neither ſpeech nor language; yet their voices are heard among them.

LONDON,
Printed for the Company of *Stationers.* 1620.

A Deſcription of the foure Quarters of this preſent yeere, and *the diſpoſition of the ſame.*

Of Winter.

The ☉ *Sunne in* ♑ *Capricorne,*
♒ *Aquarius,* ♓ *Piſces.*

In ſtead of Flowers and Graſſe ſo greene,
The Earth hath got another hue:
Froſt, Snow, and durty dales are ſeene,
Where pleaſant Plants moſt fruitfull grew:
Childhood, cold Rhewmes, and Phlegmaticke ſtate,
Of Winters cold nature doth beſt relate.

WInter, according to the accompt of Aſtronomers did take his beginning on the 12. day of Decemb. 1618. at the firſt entrãce into the firſt minute of Capricorne, and dureth vntil he haue gotten thelatter part of Piſces, producing vnto vs the ſhorteſt day, and longeſt night in the yeere (in this our North Latitude) this is the coldeſt time or quarter in the yere, but the more colder & dryer it is, the more wholeſome it is: yet ouermuch cold doth kill the Trees that are planted in a warme Region, eſpecially ſuch as bee tender.

A warme and moyſt Winter is vnwholeſome, and great enemy to Huſbandmen: but if ſo be that Snow fall in a reaſonable quantitie it will both fatten the fields, and preſerue and ripen the Corne.

Now the Sap leaueth the branches of Trees and Hearbs, and deſcendeth down into the rootes: naturall heat is alſo driuen into the inward parts of mans body; therefore the Rootes of Plants & Hearbs, are moſt neceſſary in Winter for Phyſicall vſes.

The diſeaſes attending on this quarter are, Phlegmatick Feuers, Stitches, Coughs, Cramps, Toothach, Puſhes in the Face, Paliſies, Gowts, & other diſtemperatures agreeing to the conditiõ of the ſeaſon.

Wherefore for to preuent ſuch griefes,
vſe meates that warme and dry:
Both Head and Feete ſee warme thou keepe,
eate much, drinke ſparingly.

Of the Spring.

The ☉ Sunne in ♈ Aries, ♉ Taurus, ♊ Gemini.

Moſt welcome is the fruitfull Spring,
To Creatures all that multiply:
Both Birds and Beaſts doe skip and ſing,
In flocking ſort aboundantly:
In Sanguine men, and youthfull yeeres,
This ſeaſons nature beſt appeares.

When the Sun hath made his progreſſion from the lower part of the Zodiaque, through the three Winter ſignes, he cometh to the firſt minute of Aries, an Equinoctiall ſigne and Maſculine, moueable and diurnall of the nature of fire, &c. which beginneth the ſpring quarter, it being the cõfortableſt quarter in the yeere, & is of nature warme and moyſt, for then the Sun draweth neere to the Zenith: then doe the Eaſt windes blowe, diſperſing the ſuperfluous humours, making the earth apt to bring forth all things for the good and comfort of man.

Now

Now are the dayes and nights of an equall length: for the Sunne riseth at sixe of the clocke in the morning, and setteth at sixe at night.

Now is the chiefest time in the yeere, as Physicians both ancient & moderne hold it, to take physicke, and to giue ease to the diseased: and not onely to such that feare diseases to breed in them by the distemperature they feele in their bodies, but also to others that haue had long induring diseases, but trust not to Quacksaluing Mountebanks, or vnskilfull women-Doctors, that bring many to ruine through the want of true iudgement. This quarter continueth vntill the Sun hath run through Aries, Taurus, Gemini.

The ordinary diseases of this quarter are, Pushes or Wheales in the Face, Toothach, small Pox, Feuers of Blood, paines in the throate and necke, giddinesse in the Head, Impostumes, paines in many parts of the body, Lennes, faintings, and such like.

Fresh Humors now abound Man in,
to Bleed and Purge spare not thy wealth,
Let Meates be pure, and Meales but thin,
if thou regard thy future health.

Of Summer Quarter.

The ☉ *Sunne* in ♋ *Cancer*, ♌ *Leo*, ♍ *Virgo*.

Bright *Sol* hauing got his highest grade,
Lookes downe on Earth with hot aspect:
Parching the Ground and corny Blade,
Ripening all things with good effect:
Fierce Cholericke men, and middle age,
Of Summers nature doe presage.

SUmmer, the third Quarter Astronomicall, taketh his beginning when the Sun entreth into the first grade of the signe Cancer, a Feminine and moueable

signe, making vnto vs the Summer Solstitian, hauing his greatest declination towards the North, making with vs the longest day, and shortest night.

This Quarter lasteth whiles the Sunne passeth thorow these signes, Cancer, Leo and Virgo.

This season is hote and dry, resembling Fire, naturall heate now leaueth the inward parts, and possesseth the outward; therefore mans stomack is now slowest of digestion: eate and drinke moderately, lest you surfet, and bring your selfe into dangerous diseases, such as these, paines and Aches in many parts of the body, yellow Jaundis, hot burning Agues, Pluriſies, Laskes, vnquietnes of minde, Pestilence, Sorrow, Vexations, Obstructions in the Liuer, Vomitings, Headach, Purseach, which is like to proue the Hart ach, or the Consumption, with other infirmities proceeding of Melancholy.

Mans Stomacke now, more weaker is,
then earst it was before:
To gurmandize it is not good:
Take heed: twill make thee poore.
Crooked Old-Age, Humor Melancholy,
Will Autumnes nature truely verifie.

Autumne, or Harueſt.

The ☉ *Sunne* in ♎ *Libra*, ♏ *Scorpio*, ♐ *Sagittary*.

For good husbands paine, Harueſt yeelds gaine,
Whatsoeuer now on earth doth grow:
Each Tree, Plant, Shrub, all for mans good,
Shewes them their duty God vnto.

The fourth and last part of the Astronomicall yeere of Autumne, commonly called Harueſt, or the fall of the Leafe, being the most vntemperate & dangerous season in the whole yeere, beginneth when the Sun entreth

entreth into the first scruple of Libra, producing therby a second equinoctiall coequating, & making euen the dayes and nights of an equall length.

This season by nature is cold, & dry, variable and inconstant: somtimes intemperately cold, as often in the nights, and at other times as in the day time, very warme, heating and opening the pores. so that men are harmed thereby concerning their health, except they be very warie: Wherefore this time of all the other in the yeere, as the learned affirme, is dangerous for sicknes, & therefore great heed and warinesse to be taken, as well in the order of mans Diet, as in his cloathing, and his exercise, because of the inconstancie of the season.

This Quarter will remaine with vs till the Sun hath passed thorow the three Autumnall signes, and entreth the first degree of Capricorne.

The face of the earth now loseth her beauty, Plants and Trees now cast their Flowers, Leaues and Fruits, Beasts betake themselues to their Dens, Serpents to their Caues, Flouds are now at the highest, and Springs at the lowest.

The maladies attending this sickly Season, are many and dangerous, and chiefely these: dangerous and painfull Coughs, Quartan Agues, Strangury, windinesse in the Stomacke, Consumptions, Consuming Agues, Lamenes in the limmes, shortnes of Winde, swelling and hardning of the Spleene, Melancholy Passions, Fistulaes, Fluxes of Bloud, Cankers, Botches, vnaccustomed Feuers, and such like.

Take heed, I say, of cold raw Fruit,
whose iuice corruption breed:
This Season serueth fit againe
to Purge, to Bathe, to Bleed.

The riſing and ſetting of the Sunne, the length of the day and night, the riſing and ſetting of the Planets, the quarters of the Moone, with the diſpoſition of the weather for each quarter thereof; as alſo conuenient notes of Husbandry fit for *euery moneth in the yeere.*

Ianuary.

The 4 day the Sun riſeth at 8 of the clock, and ſetteth at 4, the day is 8 houres, the night 16 houres.

The 15 day the Sun riſeth a quarter before 8, and ſetteth a quarter after 4. The day is 8. houres and an halfe, the night 15 houres and an halfe.

The 24 day the Sun riſeth halfe an houre before 8, and ſetteth halfe an houre after 4. The day is nine houres, the night 15 houres.

Firſt quarter the 2 day, 29 minutes after 8 a clocke at night, faire weather.

Full Moone the 9 day, 28 minutes after high noone, moyſture threatened.

Laſt quarter the 16 day, three quarters after 10 a clocke in the morning, wet weather.

New Moone the 24 day, at almoſt 3 a clocke in the afternoone, Raine or Hayle.

Saturne is Southweſt at Sun-ſet.

Iupiter South at Sun-ſet.

Mars and Venus make haſte to bed after the Sunne.

Mercury prepareth their way.

That Timber that you would not haue to chinke or riue, cut downe now: ſtub & root your meddowes and arable ground, & it wil not grow againe: Digge your Gardens, remooue your Bees, vn-wry the roots of your Fruit-bearing Trees, eſpecially thoſe that be aged and barren: Make ready your Plough tackling: fallow your Land for Wheat and Rye: Riue vp

vp your liue ground for Dates, that it may bee seaſoned and mellow.

February.

The first day the Sun riſeth a quarter after 7, and ſetteth a quarter before 7. The day is ten houres and a halfe, the night 13 and a halfe.

The 9 day Sunne riſeth at 7, and ſetteth at fiue. The day is 10 houres, the night 14 houres.

The 16 day Sunne riſeth a quarter before 7, and ſetteth a quarter after fiue. The day is ten houres and an halfe, the night 13 and a halfe.

The 24 day the Sunne riſeth halfe an houre before 7, and ſetteth halfe an houre after fiue, the day is 11 houres, the night 13 houres.

First quarter the firſt day, a quarter after 8 a clocke in the morning, windy weather.

Full Moone the 7 day, neere 11 a clocke at night, cold Winter-like weather.

Laſt quarter the 15 day, three quarters after 4 in the morning. Hayle and Raine about the 17 day.

New Moone the 23 day, halfe an houre after 9 in the morning, like weather as before.

Cut and prune your fruit trees, pull off the Moſſe and other noyſome outgrowings, lay your Quickſets, plant Roſes: cut, lop, plaſh, and twiſt your Hedges at the laſt quarter of the Moone: graft and ſet Trees, Slips, Branches: and bare knots at the full of the Moone at night, Riue vp your layed Land; and ſow Beanes, Peaſe, and Oates in dry ground, in the new of the Moone: but in watry and moyſt ground, after the full Moone, or within foure dayes before or after the ſame.

Saturne creepeth towards the South at Sun-ſet.
Iupiter and Mars South weſt at Sun-ſet.
Mercury & Venus go hand in hand before Sun-ſet.

March

March.

The fourth day Sun riſeth a quarter after 6, and ſetteth a quarter before 4. The day is 11 houres and a halfe, the night 12 and a halfe.

The 11 day the Sun riſeth at ſixe, and ſetteth at ſix, The day and night equall.

The 18 day the Sun riſeth a quarter before 6. and ſetteth a quarter after 6. The day is 12 houres and a halfe, the night 11 houres and a halfe.

Firſt quarter the firſt day, at 5 a clocke at night rany weather.

Full Moone the 8 day, 52 minutes after 9 a clocke in the morning, cold Winter-like weather.

Laſt quarter the 16 day 6 minutes after 10 a clocke in the morning, troubled ayre, inclining to Raine, Hayle, Winde.

New Moone the 23 day, neere morning, fayrer weather then before.

Firſt quarter the 30 day, a quarter after 11 a clock at night, great windy weather.

Sow Beanes, Peaſe, Oates in the beginning: Graffe & plant fruit trees, and eſpecially in the end of March. Set Gourds, & Sage: couer the Rootes of your trees that were bared in January, with kindly earth at the full of the Moone, and firſt cleaue the Rootes & driue in wedges, & bore holes thorow the Trees, and ſtop the ſame againe with Pinnes: all which be meanes to make them beare the better.

Plough and labour your Barly land. Carry your Midden to the field, and chiefly in the laſt quarter of the Moone, then it will not dry away.

Saturne is paſt the South at Sun-ſet. Iupiter Mars and Venus attend the Sunne at his ſetting. Mercury prepareth the way for his Maſter.

Aprill.

The 2 day Sun riſeth a quarter after 5, and ſetteth a quarter before 7. The day is 13 houres & a halfe, the night 10 and a halfe.

The 11 day the Sun riſeth at 5, and ſetteth at 7. The day is 14 houres, the night 10.

The 19 day it riſeth a quarter before 5, and ſetteth a quarter after 7. The day is 14 houres and a halfe, the night 9 and a halfe.

The 27 day the Sun riſeth halfe an houre before 5, and ſetteth halfe an houre after 7. The day is 15 houres, and the night 9

Full Moone the 6 day, at 10 a clock at night, windy weather.

Laſt quarter the 14 day, 6 minutes after 7 a clocke at night, wet weather.

New Moone the 21 day, at 10 a clocke in the morning, Aprill weather.

Firſt quarter the 29 day, 47 minutes after 4 in the morning, fayre weather.

Sow Barly in ſtrong land: and in the South of England, ſow Hemp and Flax, and part of your Garden ſeeds, as Gourds, Cucumbers, Melons: and ſet your Garden hearbs about the end of Aprill.

Saturne ſetteth with the Sun, Mars & Mercury are neere the Weſt at Sunne-ſet. Jupiter is Southweſt at Sun-ſet. Venus is Southweſt and by-Weſt at Sun-ſet.

May.

The 7 day the Sunne riſeth a quarter after 4 and ſetteth a quarter before 8, the day 15 houres and a halfe, the night 8 and a halfe.

The 18 day it riſeth at 4. and ſetteth at 8, the day 16 houres, the night 8.

Full

Full Moone the 6 day, 48 minutes after 10 a clock in the morning, windy and wet.

Last quarter the 14 day, 38 minutes after one of the clocke at Noone, wet weather.

New Moone the 21 day, at almost nine of the clock at night, temperate weather.

First quarter the 28 day, halfe an houre after 10 of the clocke in the morning, coole and comfortable

Sow Barly in the beginning, specially Yorkshire: set Gourds, Cucumbers, and Mellons: sow Leekes, Onyons, Purslaine, Coriander, Smalage, & Basill: then stir your land the first stirring for Wheat & Rie.

Saturne & Venus are Southwest at Sun-setting.

Mars setteth with the Sunne.

Iupiter and Mercury rise before the Sunne.

Iune.

THe 8 day the Sunne riseth a quarter before foure, and setteth a quarter after 8. The day is 16 houres and a halfe, the night 7 and a halfe.

The 14 day of this moneth, the dayes be at the longest, from which time vntill the 8 day of the next moneth they shorten halfe an houre.

Full Moone the 5 day, at almost 11 a clocke in the morning, weather fitting the season.

Last quarter the 13 day, at 4 a clocke in the morning, some few drops of Raine.

New Moone the 20 day, 44 minutes after 3 a clock in the morning, moist weather.

First quarter the 26 day, halfe an houre after sixe a clocke at night, windy coole weather.

Carry forth your Dung to cherish your Wheat and Rie lands, bring home your fuel, set Leeks at the end of the moneth, & sow tender hearb seeds, mow downe your low Meddowes lying neere the water sides.

Saturne

Saturne, Mercury & Mars, set before the Sun setteth.
Iupiter is South-east at Sunne rising.
Venus is Southwest at Sun-set.

Of Iuly.

THe 8 day Sunne riseth at 4, and setteth at 8. The day is 16 houres, the night 8.

The 19 day it riseth a quarter after 4, and setteth a quarter before 8. The day is 15 houres and a halfe, the night 8 and a halfe.

The 28 it riseth halfe an houre after 4, and setteth halfe an houre after 7. the day is 15 houres, the night 9.

Full Moone the 4 day, halfe an houre after 3 a clock in the afternoone, coole windy weather.

Last quarter the 12 day, at almost 4 of clocke at night, troubled sky, inclined to thunder.

New Moone the 19 day, 53 minutes after 10 of clocke in the morning, faire weather.

First quarter the 26 day, 9 minutes after 6 of the clocke in the morning, hote weather.

Cut downe your high Meddowes, & much of your other Grounds, the continuance of faire weather is doubtfull: follow the old Prouerbe, Make Hay while Sunne shineth: make emplastration for Rootes, lay naked knots in Fruit trees: and about the end, put sickle into part of your hard corne.

Saturne hath past the South at Sun-set.
Iupiter is Southwest at Sun-set.
Mars is neere the West at Sun-set.
Venus is past the South at Sun-set.
Mercury setteth with the Sunne.

Auguſt.

THe first day Sunne riseth a quarter before 5, and setteth a quarter after 7. The day is 14 houres and

and a halfe, the night nine and a halfe.

The 14 day it riseth at 5, and setteth at 7. The day is 14 houres, the night 10.

The 22 it riseth a quarter after 5, and setteth a quarter before 7. The day is 13 houres and a halfe, the night 10 and a halfe.

The 30 day it riseth halfe an houre after 5, and setteth halfe an houre after 6. The day is 13 houres, the night 11.

Full Moone the 3 day, at 7 a clocke in the morning, some showres.

Last quarter the 11 day 41 minutes after 3 a clocke in the morning, weather fitting season.

New Moone the 17 day, halfe an houre after 6 a clocke at night, troubled Ayre.

First quarter the 24 day, 12 minutes after 7 of the clocke at night, temperate weather.

Now is the fittest time to pull and gather your Summer fruits, reape downe your Rye and Wheat, and get it into your Barns: and about the end of the moneth, downe with your Oates; and about the latter, be stirring for Wheat and Rye.

Saturne is Southwest at Sun-set.

Iupiter is neere the South at Sun-set.

Mars followeth the Sunne.

Venus and Mercury set before the Sunne.

September.

The Sun riseth a quarter before sixe, and setteth a quarter after sixe. The day is 12. houres & a halfe, the night 11. and a halfe.

The 13 day it riseth at 6, and setteth at 6. The dayes and nights equall in length.

The 22 day it riseth a quarter after sixe, and setteth a quarter before sixe. The day is 11 houres and

and a halfe, the night 12 and a halfe.

The 29 day it riseth halfe an houre after 6, and setteth halfe an houre before 6. The day is 11 houres, the night 13.

Full Moone the first day, 44 minutes after ten of the clocke at night, windie weather and dry.

Last quarter the 9 day, a quarter after high noone. moist weather.

New Moone the 16 day, 25 minutes after 3 of the clocke in the morning, much wet weather like to be.

First quarter the 23 day, a little after high noone, weather fitting the season.

Reape your Barley, gather your Beans & Pease: and about the midst of this moneth sow Wheat and Rie in strong land, carry your compasse for Wheat and Rie: for one loade now, is worth any other three before this moneth.

Saturne is South-east at Sun-set.
Iupiter is South-east at Sun-set.
Mars is South-west at Sun-set.
Venus and Mercury set with the Sunne.

October.

The 7 day, Sunne riseth a quarter before 7, and setteth a quarter after 5, the day is ten houres and a halfe, the night 13 and a halfe.

The 14 day the Sunne riseth at 7, and setteth at 5. The day is 10 houres, the night 14.

The 22 day it riseth a quarter after 7, and setteth a quarter before 5. The day is 9 houres and a halfe, the night 14 and an halfe.

The 29 day the Sunne riseth halfe an houre after 7, and sets halfe an houre before 5. The day is nine houres, the night 15.

Full Moone the 5 day, at two a clocke in the afternoone, temperate weather.

Last

Laſt quarter the 8 day, a quarter after 7 a clocke at night, windy and wet.

New Moone the 15 day, 20 minutes after two a clocke in the afternoone, moyſture threatned.

Firſt quarter the 23 day, at almoſt 8 of the clocke in the morning, moyſt weather.

Full Moone the laſt day, 19 minutes after foure of the clocke in the morning, faire weather.

Sow Wheate and Rie in the beginning, ſcoure Ditches and Ponds, ſet Plum, Peare and Apple, and Walnut trees, remoue trees, ſet Nut trees, plaſh hedges and Trees.

Saturne is South at Sunne-ſet
Iupiter Southeaſt at Sun-ſetting.
Mars Southweſt at Sunne-ſetting.
Venus and Mercury ſet after the Sunne.

Nouember.

THe 8 day the Sunne riſeth a quarter before 8, and ſetteth a quarter after 4. The day is eight houres and a halfe, the night 15 and a halfe.

The 12 day it riſeth at 8, and ſetteth at 4. The day is 8 houres, the night 16 houres.

Laſt quarter the 7 day, at almoſt two of the clock in the morning, Winter-like weather.

New Moone the 14 day, at foure of the clocke in the morning, windy and wet.

Firſt quarter the 22 day, 22 minutes after foure of the clocke in the morning, weather fitting the ſeaſon.

Full Moone the 29 day, 11 minutes after 5 of the clocke at night, temperate weather.

It is good to ſow Wheat & Rye in the beginning of the moneth, in dry ground: ſet and remoue Peare trees, Plum, & Apple-trees: namely, into warme dry ground. Cut down your Timberwood in the wane of

the

the Moone, and ſpecially your Aſhwood for all your Plangd geares: and Fallow your land for Barly.

Saturne is South-eaſt at Sun-ſetting.
Iupiter riſeth when Sunne ſetteth.
Mars is Southweſt at Sun-ſetting.
Venus is South at Sunne ſetting.
Mercury ſetteth with the Sunne.

December.

THe 8 day the Sun riſeth a quarter after 8, & ſetteth a quarter before 4: the day is 7 houres and a halfe, the night 16 and a halfe.

The 13 day of this moneth the daies be at the ſhorteſt: From which time vntill the 4 of January, they lengthen but halfe an houre.

Laſt quarter the 6 day, 22 minutes after 9 a clocke in the morning, raging windy weather.

New Moone the 13 day, a quarter after 8 a clocke at night, temperate weather.

Firſt quarter the 22 day, 20 minutes after 10 a clocke in the morning, froſty dry weather.

Full Moone the 29 day, halfe an houre after 4 of the clocke in the morning, fayre weather.

Cut down Timber-wood to build, or for other like purpoſes: Cut and drush Hedges and ſuperfluous branches. Take Birds and Fowle with Nets and Lime-twigges, and fallow your Land for Barley: down with your fat Beeues and Sheepe, to releeue and welcome your poore Neighbours.

Saturne riſeth before Sun ſetteth.
Iupiter draweth neere Weſt when Sunne riſeth.
Mars is paſt the South at Sunne-ſet.
Venus is South-weſt at Sunne-ſetting.
Mercury ſetteth with the Sunne.

Times prohibited for Marriage.

From		Vntill	
After Aduent Sunday		8 dayes after the E-	
After Septuageſſima		piphanie. (day.	
Three daies before the		8 dayes after Eaſter	
Aſcenſion		Trinity Sunday.	

Of the Longitude and Latitude of England.

THus much in miles whole England containes 34866.
Thus much in miles will reach about it round--1890.
Her length frō Lizard point to Barwick ſtraits-334.
Twixt Douer & Holly-head the bredth is found--250.
Amongſt Gods bleſſings England thus doth ſtand.
Lord bleſſe her King, and people with thy hand.

A way to get the Golden number, or Prime without a Table.

ADde vnto the yeere of our Lord 1, then diuide that ſumme by 19. the remaine is the Prime or Golden number.

The Epact is euer thus found.

MUltiply the Prime by 11, diuide it by 30, the remaine is your deſire, theſe two numbers begin at March, & there vſe chiefely it, to find out the change, quarters and full Moone.

To know the Change, Full and Quarters of the Moone.

TAke 15 dayes from the Full Moone, and ſo you ſhall haue the change going before: the change being found, you may eaſily know the quarters, by adding or taking away 7 dayes.

To find the age of the Moone.

ADde to the dayes of your Moneth the Epact, and alſo as many dayes more as are moneths, from March

March to your moneth, including both moneths, then ſubſtract 30, if yee may, and the age remaineth.

To know how long the Moone ſhineth.

FOr her ſhining in the increaſe, multiply the age of the Moone by 4, in the Wane augment the reſt of the age which ſhe lacketh of 30 by 4, and diuide by 5. the quotient ſheweth the houres, the remaines, if there be any multiplied by 12, bringeth minutes to bee added.

To find the moueable Feaſts readily.

SEeke the change of the Moone in February, for that yeere yee require theſe ſame moueable Feaſts, note what day it falleth on, the next tuſday is Shroue-tueſday, but if the change be on tueſday, the next tueſday enſuing is it, the next Sunday is the firſt Sunday in Lent, and ſixe Sundaies after is Eaſter day, adde 35 daies or 5 weekes to Eaſter, yee haue Rogation Sunday, to that adde 4 dayes, then ye haue Aſcenſion day, thē ye haue 10 daies to Whitſunday, 7 daies after is Trinity Sunday, & 4 daies after is Corpus Chriſti day.

To know the Tides at all times without any Tables.

LEarne, as is declared, the age of the Moone, alſo remember the hower of the Full or change for your place or point which doth neuer vary, theſe beeing knowne, worke thus:

Example.

WHen the Moone is 10 daies old, I deſire to know at what a clocke it is full Sea at London-bridge, multipty 10 by 48, ſo haue yee foure hundred and 80, diuide that by 60, yee haue 8 houres, to that adde 3, which is the houre of the Full or the change appointed for that place, all then commeth vnto 11 of the clock,

high water at London-bridge: if any thing remaine, they are minutes of an howre, and if the howres amount aboue 12, cast the twelues away, and the rest is your request.

To know what your dayly expences come vnto in the whole yeere, very ready without a Table.

SVppose you spend six pence a day, and would know what it commeth vnto in the whole yeere: say thus, six pence the day is six pound, 6 halfe pound and sixe groats, which being set al together maketh 9 pounds 2 shillings. Againe, 7 pence the day is 7 pounds, seuen halfe pounds and 7 groats, which being set together, amounteth vnto in the whole yeere 10 pounds, 12 shillings 4 pence: and thus may you do the like of any other summes.

Of the foure Quarters of the yeere, compared with the nature of the foure Elements, Ages, Regions, or Quarters of the Heauen, also with the foure principall Winds, and quality of them.

Hot & moyst.	hot & dry	cold & dry	cold & moist.
Spring-tide.	Summer.	Autumne.	Winter.
Ayre.	Fire.	Earth.	Water.
Blood.	Choller.	Melan-	Flegme.
Childhood.	Youth.	choly.	Extreme
South.	East.	Old-age.	Old-age.
South wind	East-	North.	West.
	wind.	Northwind	Westwind.

Short

Short neceſſary Rules to be obſerued to let blood, to purge, bathe, or ſweate.

TAke heed of letting bloud, except vrgent cauſe, which is to be known by the counſell of the Learned, the age of the Patient ought alſo to be regarded; for from very young or old perſons blood ought not in any caſe to be taken.

The time of the yeere fitteſt for this purpoſe, is from the middeſt of the Spring, to the beginning of the Summer quarter. Haruest is alſo indifferent, the ſeaſon being temperate. And for complexion, let the Cholericke blood when the Moone is in Cancer, Scorpio, Piſces, in any place, except the breſt, members, or feete.

For the Flegmaticke, the Moone in Aries, or Sagittarius, in any place except the Head and thighes.

For the Melancholly, the Moone in Libra, or Aquarius, in any place, the buttocks and legges excepted.

For the Sanguin complexion, let blood in any of the former ſignes, prouided it be done with the aduice of the Learned.

To let blood in the extreame heat of Summer, or cold of Winter is dangerous, vnleſſe the Patient bee taken with the Pluriſie, Peſtilence, Frenzy, Squinancy, Apoplexy, or the like extreame diſeaſes, for then ye may not ſtay for a choſen day leſt in the meantime the party diſeaſed ſhould be paſt helpe.

After blood-letting abſtaine from ſleepe and foode for the ſpace of ſix houres, alſo from all violent exerciſes of the body for 4. dayes after, and vſing meates of a light digeſtion.

For Purging.

IT is very good to purge, when the Moone is in Cancer, Scorpio, or Pisces, and indifferently vpon extremity in Gemini, Libra, or Aquarius.

Purge not at all, when the Moone is in any of these signes, Aries, Taurus, or Capricorne.

For Bathing.

THe fittest time in the yeere to enter Baths, is from the beginning of May vnto the end of September, when the Moone is in any of these signes, Aries, Leo, or Sagittarius, two or three daies after the change of the Moone, or at the Full.

Let the Sunne be of a good height when you enter into the Bath, for then the milky and other infections are drawne vp from the Earth.

If you will Bathe for cleanlinesse, let the Moone haue her course in Libra or Pisces.

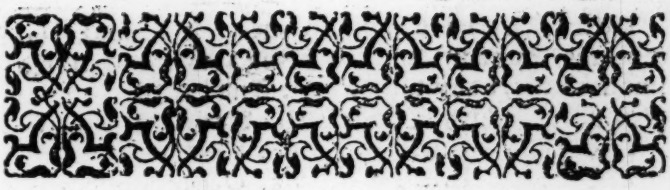
Bathe not when the Moon is in these cold signes, Taurus, Virgo, or Capricorne.

For Sweating.

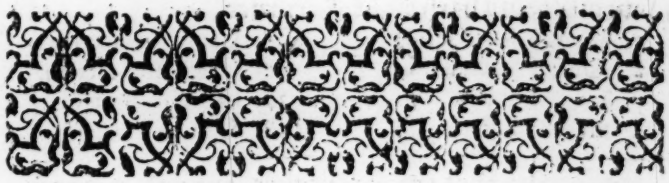
WHen you would Sweat, let the Moone be in these signes, Aries, Leo, Sagittarius, Cancer, Scorpio, Pisces.

Note further, it is better to Sweate in the Euening then the Morning.

The Characters of the seuen Planets, ♄ Saturne, ♃ Iupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☽ Luna.



Let Vertue ſpring and vice decay,
and God will turne his wrath away.
Repent thy ſinne, and do no more,
then Corne and Cattel thou ſhalt haue ſtore.
Lay Pride aſide and belly-cheere:
God ſend vs all a happy yeere.



A neceſſary and perfect Rule, to know the beginning and ending of euery Terme, with their Returnes.

Hillary Terme beginneth the 23 of January, (if it be not Sunday) which ſo being, it is then deferred vntill the next day following: And endeth the 12 of Febʒuary, which Terme hath 4 Returnes, viz.

1. Octabis Hillarie.
2. Quind. Hillarie.
3. Craſt. Purifica.
4. Octabis Purifica.

Eaſter Terme beginneth 17 dayes after Eaſter, and endeth the next Munday after Aſcenſion day: & hath fiue Returnes, that is to ſay,

1. Quind. Paſchæ.
Tres Paſchæ.
3. Menſe Paſchæ.
4 Quinq; Paſchæ
5. Craſt. Aſcenſiõ

Trinity Terme beginneth on the Friday next after Trinity Sunday, & endeth the Wedneſday fortnight after, and hath 4 Returnes; that is to ſay,

1. Craſt. Trinitatis.
2. Octabis Trinitatis.
3. Quind. Trinitatis.
4. Tres Trinitatis.

Michaelmas Terme beginneth the ninth day of October, (if it be not Sunday) and endeth the 28 of Nouember, and hath eight Returnes, viz.

1. Octabis Michael.
2. Quind. Michael.
3. Tres Michael.
4. Menſe Michael.
5. Craſt. Animarum.
6. Craſtino Martini.
7. Octabis Martini.
8. Quind. Martini.

Note alſo, that the Exchequer openeth 8 dayes before any Terme begin (except Trinity Terme,) in which it openeth but foure dayes before.

Gloria in excelſis Deo.